

Take action as a food business

In 2020, Brighton and Hove was awarded the **UK's first Gold Sustainable Food Place** Award. Food businesses such as restaurants, cafes, retailers, canteens, event caterers and hospitality serve a huge number of meals across the city every day and therefore have a key role to play in keeping Brighton and Hove Gold!

Help play your part by taking some of these actions for food businesses:

Source food ethically and sustainably

⇒ Develop a sustainable food policy for your organisation, following examples from **Brighton University** and **Brighton and Hove City Council**.



- ⇒ Source sustainable fish: See our **guide to buying sustainable fish** locally.
- ⇒ Source higher welfare meat, dairy and eggs: See our **guide to buying meat locally**.
- ⇒ Where possible source food locally to reduce the distance it has travelled and to support local producers: Contact **Brighton Food Factory** to receive their local suppliers directory

Provide food & drink that's good for people *and* the planet

- ⇒ Flip the menu: order to read vegetarian, fish, meat.
- ⇒ Sign up to the **Sugar Smart** and **Peas Please** initiatives.
- ⇒ Sign up to be a **water refill station**.
- ⇒ Go for accreditation: **Healthy Choice Award, Sustainable Restaurant Association, Food for Life, The Green Kitchen Standard, Chefs' Manifesto, The Planet Mark**.

Reduce food waste

- ⇒ See our **resources for businesses on tackling food waste** to learn how to reduce, redistribute, repurpose and recycle your food waste.
- ⇒ Redistribute your surplus food: See our resource on **where to donate surplus food** in the city.

Reduce single-use plastics

⇒ Sign up to the **Plastic Free Pledge**.

Support your community

⇒ Sign up to the **Living Wage Campaign**.

⇒ Get involved at the **Community Kitchen**.

⇒ Retailers can **sign up to accept Healthy Start Vouchers**.

Shout about what you're already doing

Share what actions you are taking on social media using **#goldfoodcitybid** to inspire others and show how much good work is happening in our city.

Please remember to tag in **@btnhovefood**.

⇒ Keep staff involved in any steps you're taking, and ensure they are fully trained on key guidelines or policies.

⇒ Utilise all methods of communication (newsletters, intranet, social media, meetings, events and website) to inspire others to get involved.

⇒ Use our Gold Food City Bid **toolkit for organisations** to show you are supporting the bid.

If you'd like further information on any of these actions please **contact us**.