

Take action as an organisation

In 2020, Brighton and Hove was awarded the **UK's first Gold Sustainable Food Place** Award. There are many actions organisations can take to help keep Brighton & Hove a **GOLD Sustainable Food Place**. For food businesses and hospitality please see our **separate guidance**.



Here are some actions organisations can take:

Help tackle food poverty & reduce isolation

- ⇒ Sign up to the **Living Wage Campaign**.
- ⇒ Promote **Healthy Start Vouchers** and **Chomp** holiday lunch clubs to your clients.
- ⇒ Signpost clients to our **accessing low-cost meals** and **food poverty advice** resources. If you see someone in need of emergency food, you might be eligible to make a **referral to a food bank** or signpost them to an organisation who can.

Promote healthy eating and wellbeing

- ⇒ Have your milk delivered by a local dairy that uses and re-uses glass bottles instead of plastic.
- ⇒ Order a local organic fruit box for your office: See our **list of local veg box schemes**.
- ⇒ Encourage staff to take proper lunch breaks and eat together.
- ⇒ Introduce workplace growing projects to **improve the physical and mental wellbeing** of staff and clients. If you don't have any outdoor space, try a sunny windowsill. **Contact us** for advice.
- ⇒ Set up a food-buying group with staff to buy local / organic food in bulk to reduce costs.

Reduce food waste & plastic

- ⇒ Sign up to a **food waste collection**.
- ⇒ Go tray-less in your workplace canteen to help prevent people taking more food than they can eat.
- ⇒ Compost on site if you have the space: See our **composting tips**.
- ⇒ See our **tips on reducing plastics**.

Develop a sustainable food policy for your organisation

- ⇒ Set your own sustainable food policy for catering **events and meetings**, and make sure that any staff who order catering are aware of these guidelines.
- ⇒ Look for caterers that hold accreditation such as **Healthy Choice Award**, **Food for Life** and **The Green Kitchen Standard**.

Support the community food sector

- ⇒ Choose community food projects for team lunches or for your charity of the year.
- ⇒ Support the **Community Kitchen**: Hold your event, team-building day, cookery session

or **Christmas party** at the Kitchen.

⇒ Signpost staff and clients to volunteering opportunities at local community growing projects, lunch clubs and food banks via our **directory map**.

Shout about what you're doing

Share what actions you are taking on social media using **#goldfoodcitybid** to inspire others and show how much good work is happening in our city.

Please remember to tag in **@btnhovefood**.

⇒ Keep staff involved in any changes you're making and ensure they know about any key guidelines or policies.

⇒ Utilise all methods of communication (newsletters, intranet, social media, meetings, events and website) to inspire others to get involved.

⇒ Use our Gold Food City Bid **toolkit for organisations** to show you are supporting the bid.

If you'd like further information on any of these actions please [contact us](#).