

# THE STANMER WELLBEING GARDENS

Three outdoor venues available for hire in the heart of Stanmer Park. Ideal for birthday parties, wellbeing in nature activities, team-building days, forest school clubs, and bushcraft.

Choose from The Woodland Garden, The Gathering Glade and The Pond Garden. Conveniently accessible from the centre of Brighton, these natural settings offer a beautiful break from the city's hustle and bustle.

This venue guide includes:

- Making your event a success
- Finding The Wellbeing Gardens and local facilities
- Choose from our three garden venues
- Explore our other venues

*"It was a lovely space, spacious and inviting, plenty of things to keep children busy and engaged. Adults commented that they loved the space too, being in the woods, sheltered and amongst nature."*

- Previous hirer



Email: [info@bhfood.org.uk](mailto:info@bhfood.org.uk)

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## THE WELLBEING GARDENS: YOUR OUTDOOR ACTIVITIES SPACE

### FEEL THE BENEFITS OF TIME SPENT IN NATURE TOGETHER

In our magical corner of Stanmer Park, you can slow down, tune in and connect in the great outdoors. There are plenty of wonderful ways to spend time in our three hireable spaces, whatever the season.

The venues are ideal for:

- Wellbeing in nature activities
- Group gatherings, birthday parties and celebrations
- Staff team building days, with packages available
- Picnics under the parachute
- Cosying up by the fire and campfire cooking
- Connecting with nature and natural crafts
- Forest school and bushcraft sessions
- Acoustic singing and choir groups
- Yoga and mindfulness workshops

Want more ideas for how to make your event a success? Check out our [activities guide for Stanmer Wellbeing Gardens hires.](#)

### GIVE BACK TO THE LOCAL COMMUNITY

By choosing The Wellbeing Gardens you're not only securing a beautiful venue for your event, you're also supporting the Food Partnership's non-profit community work across Sussex.

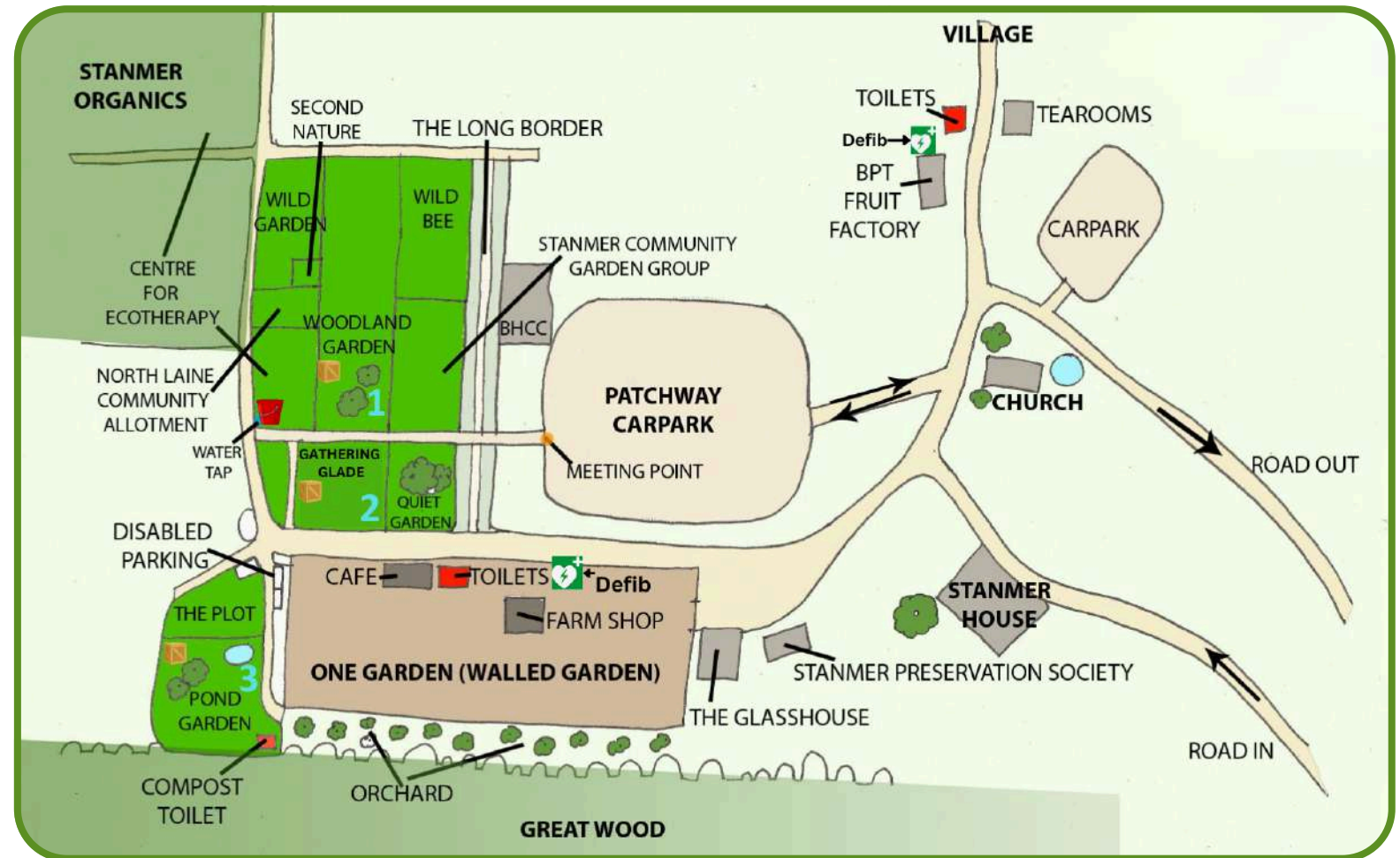




## FINDING THE WELLBEING GARDENS

Our garden sites are a part of the mosaic of vibrant community spaces beyond Stanmer House. Conveniently close to the large Patchway car park, bus stop and sheltered by the wooded surroundings.

For more info, view our [travel guide](#).



## THE WOODLAND GARDEN

The Woodland Garden is an expansive space to explore and play under the trees.

### SPACIOUS

It is our largest space, particularly suitable for birthday parties and sober social gatherings.

### SHELTERED

It is the most wooded area, with lots of fun nooks and crannies for children to discover and play in.

### EQUIPPED

The space comes with a parachute for shelter, a log seat circle, fire pit, table and pallets.

### PLAY-READY

The space has climbing equipment, swings and a mud kitchen amongst the wooded area.

You can have up to 30 people in this space, but there are usually around 20 logs to sit on.



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## THE GATHERING GLADE

Gaze up at the sky and enjoy the feeling of light and space at the Gathering Glade.

### BEAUTIFUL

The space is surrounded by fragrant lilac trees that border the open seating.

### SOCIABLE

It is the ideal spot for meetings, workshops and meditation.

### WELCOMING

The Glade features an open seating area, parachute, removable shelter, serving tables and fire-circle

### ABUNDANT

There is also a vegetable growing area, where veg, herbs, and flowers can be found in abundance.

The space seats up to 20 people, on logs.



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## THE POND GARDEN

The Pond Garden is a partly wooded, partly open, tranquil, and light space, with views out over a thriving pond area.

### WILD

With a viewing platform and wooden fence surrounding it, the garden is perfect for pond dipping and wildlife spotting.

### FUN

This is the ideal spot for birthday parties for older children and adults who can let their curiosity run free in the wild woodland surrounding it.

### CONVENIENT

The space has a parachute shelter, a fire pit, a pond, and a wilder woodland space behind the parachute.

### NEARBY

The space is closest to the orchard path, Stanmer woods and play field, making it a great base if you want to go to play games in these other spaces.

The space seats up to 20 people on logs.



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## OUR VENUES

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When you hire a space with us, your booking directly supports our community programmes. Our non-profit organisation is dedicated to empowering people to cook together, access nutritious food, grow their own, and reduce food waste.



### THE CLUBHOUSE

Our new venue just a stones throw from Brighton, nestled in the heart of the Wilding Waterhall project in the South Downs. Offering stunning views and a tranquil setting, ideal for team away days, conferences, parties and club gatherings.

[More info](#)



### THE COMMUNITY KITCHEN

Our central Brighton venue, ready to host your exciting culinary experience. The large dining table and well-equipped kitchen area makes it easy to host supper clubs, dinner parties, community bake offs, team building or entertaining clients.

[More info](#)



### STANMER WELLBEING GARDENS

Three woodland spaces available to hire for regular events at Stanmer Wellbeing Gardens, in the heart of Stanmer Park. Perfect for those looking for a stress-free way to connect with nature in beautiful surroundings with convenient facilities.

[More info](#)