

USING THE POWER OF FOOD TO CHANGE LIVES

Since 2003, we have been working towards our vision of **healthy, sustainable food for all**. Our pioneering approaches have improved lives and transformed our city from grassroots to policy level. We were first in the UK to achieve a gold award as a Sustainable Food Place.

We lead the city's food strategy, support a network of vibrant community food groups in every neighbourhood and our award-winning projects help thousands of people in the local area.

WWW.BHFOOD.ORG.UK

OUR VALUES:



- ✓ We believe food is better shared, and work is better delivered in partnership.
- ✓ We care for and respect everyone we work with – staff, volunteer or participant.
- ✓ We reduce our environmental impact – recognising the connection between people, food and nature.
- ✓ We listen and take time to empower people to speak up for themselves.
- ✓ We value differences, challenge discrimination & champion diversity.

WHAT WE DO:



- Grow more food in the city
- Cook together, eat together and share skills
- Reduce waste and increase composting
- Ensure good food can be accessed by everyone
- Work alongside less heard voices to influence policy and campaign for change

WHO WE WORK WITH:



- Local people
- Neighbourhood food projects (eg food banks, community gardens, and lunch clubs)
- Farmers, local businesses & organisations
- Campaign groups and partners on regional and national levels

WHY WE DO IT:



Our local joined-up approach demonstrates a **better alternative, a food system that works for people and planet**, creating:

- Healthy, happy people
- Supportive, connected communities
- Protected natural environment

HOW YOU CAN HELP:



Whether you're an individual, business or organisation

- Cook more from scratch, reduce meat and dairy, and perfect your portions/ use your leftovers
- Use local, seasonal and fairtrade food
- Reduce single-use plastics and compost your food waste
- Volunteer or support a neighbourhood food project

